

Potential Placement Sites/Agencies for Winter 2025 (January - April)

The below information on potential sites for TR placement is NOT an exhaustive list. Students are welcome and highly encouraged to do research into other potential agencies they would be interested in being placed with. The more proactive students are, the more likely they are to secure placement. If you apply to an agency on your own that is not listed within this document, please inform the Internship Specialist (marina.christman@uleth.ca) so we can ensure the agency and supervisor meets the required qualifications and we can work on an affiliation agreement. If you apply to an organization that is listed within this document but doesn't require Marina's involvement with the application process, please make sure to still let Marina know you have applied so we have the relevant information pertinent to you and this process.

Instructions/How to read this information:

- For **Alberta based, non-AHS sites** listed here, please follow their specific instructions/application process as indicated.
 - For **AHS sites** (indicated by **AHS**) students' applications are submitted via HSPnet by the Internship Specialist (Marina Christman)
 - Students **MUST** fill out the HSPnet Consent before applications will be submitted. This consent form is available on the TR internship website.
 - You will notice that the name of the recreation therapist at each AHS site is not provided to you. This is intentional because students are NOT to contact them. You can address your cover letter and resume to the destination coordinators name, as indicated.
 - AHS allows students to apply to up to 3 sites in the first round of applications. **The due date for the first round of applications to AHS is September 3rd, 2024 at 12:00pm.**
 - Email the Internship Specialist (Marina Christman) with your application,
 - Be very clear in the email which site(s) you want to apply for.
 - Each application must be consolidated into 1 PDF file (cover letter and resume together in the one file). If you want to apply to 3 AHS sites, you will need to send 3 application files.
 - As the various AHS sites accept or decline applications, students will be given the opportunity to submit additional applications as relevant and as long as there are not ever more than 3 applications in process.
Marina will let students know via email when this is an option.
Students **CANNOT** submit additional applications or ask to change their applications once the applications are in process. As such, make sure your initial applications are sites you are in fact interested in doing your internship at.
 - Larger organizations like NSHA, VCH, etc., have their own application process, be sure to do your research into how the larger organizations accept applications and their deadlines. The processes in place for larger organization are often, but not always, similar to AHS processes.
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Non- AHS sites in Alberta (private agencies)

AgeCare SkyPointe, Calgary, Alberta

Description: AgeCare SkyPointe is a unique community that offers high quality, compassionate, resident-centered care in a culturally rich and diverse environment. With the capacity of 352 funded beds, the building is nestled in one of the most multi-cultural areas of Calgary. SkyPointe provides a home-like environment that will reflect the cultural preferences and tastes of its residents, including recreation and leisure programming.

At SkyPointe the recreation team supports residents from multiple care programs creating a vibrant, inclusive atmosphere for all to enjoy. The different care streams that are offered at AgeCare SkyPointe are: Long Term Care, Supportive Living Level 4, Support Living Level 4 Dementia Care (Secured), Long Term Care Mental Health (Non-Secured and Secured, 18 years old +), and Hospice Care.

- **Student Position(s):** Monday to Friday, 8:00 am to 4:30 pm [with flexibility for evenings and weekends to support special events and programs]
- **Dress Code:** Business Casual and as appropriate for assigned duties and tasks

SkyPointe is in the process of commissioning a seconded building, SkyPointe II that is dedicated to mental health. A unique opportunity to see how a facility is started, how it affects residents and an opportunity for research and development.

Application Process: All Student cover letters and resumes can be directly emailed to Marlee Dukart, CTRS, Recreation Therapy Manager, mdukart@agecare.ca

Carewest – Rouleau Manor, Calgary, Alberta

Carewest Rouleau Manor offers the Complex Mental Health Care program, providing holistic care for adults with complex behaviours, whose primary diagnosis includes mental illness, dementia or other cognitive disorders (60 beds), as well as the Complex Mental Health/Harm Reduction Program with enhanced resources to support addictions and complex mental health (17 beds). Emily has supervised our students in the past. Carewest follows AHS immunization standards.

Students' applications are submitted via HSPnet: Combine your cover letter and resume into one pdf file and send this to Marina to submit on your behalf.

Bethany Care Society

Bethany Care Society has a few different sites located throughout the province. In the past there have been a few CTRS's who have taken our students, particularly in Calgary and Red Deer. We can't confirm if they have capacity, but they are open to receiving applications for internships. The two sites where students have completed placements in the past was at ~~Bethany Mikkelsen~~

~~House in Calgary and Bethany Collegeseid in Red Deer (confirmed willing to consider student for Winter 25).~~

The organization's description: We currently have 10 Recreation Therapists across the long term care sites, including work with specialized programs – Young Adults, Alternative Level of Care, Complex Dementia Care. The recreation therapists are expected to complete initial and quarterly assessments, program plan/treatment plan/care plan, community outings, leisure education for staff/residents/families, integrate the sensory framework into practice, collaborate with other disciplines for pilot projects and to ensure high quality of care.

Requirements: vaccinations (including flu shot and covid 19), criminal record check, sign confidentiality agreement, follow dress code, first aid/cpr for outings.

Asset would be if the student has any certifications (i.e., dementia training, exercise training certifications, etc

**This is a pet friendly organization, and the organization would need to know about any allergies. A few sites have a cafeteria for lunch, but most likely bring own meals or go out to buy.*

Application process: All student applications go through Marina to Bethany's placement office. Successful candidates request will go through HSPnet.

SE Health – Bow River Lodge, Canmore, Alberta

~~Description: SE Health provides healthcare staff and management at Bow River Lodge in Canmore. This is a brand new modern seniors' living facility. The site has 2 units Supported Living 4 and Supported Living 4D (secured Dementia care unit), with 30 beds in each unit. The Recreation Department includes one Recreation Therapist, two Recreation Aides, and our team is supported by HCA's and LPN's. Interventions are strength-based and include all domains of wellness; we use the latest technology to support Recreation programs.~~

~~**Application process:** Students can apply directly to Audrey Wheeler, CTRS
audreywheeler@sehc.com~~

Lifestyle Options Retirement Communities, Edmonton, Alberta

For over 25 years, Lifestyle Options Retirement Communities has put high-quality, luxurious independent senior living, assisted living and dementia care within everyone's reach. We believe all our residents should live life on their terms with services personalized to meet their specific needs. Each of our retirement communities offer beautiful amenities, compassionate staff, engaging activities, clinical services and superb dining experiences. More than a Home – It's a Lifestyle.

The recreation therapist in this position conducts assessments with seniors and individuals living with dementia, develops and implements evidence-based group and one-to-one interventions, completes timely documentation of residents' recreation participation in relation to their goals, ,

directly supervisors recreation therapy assistants, and collaboratively works as an interdisciplinary team member and actively participates in family care conferences.

- Wide variety of activities: recreational, physical, social, spiritual and cognitive
- Evening Recreation Program includes: Bingo, Indoor Curling and Horse Racing
- Scheduled Bus Trips
- Live entertainment events
- Many resident-led programs, such as the gardening group and bird feeding group
- Website and Facebook page updated with monthly Recreation Calendar as well as photos and videos of activities

Application Process: Students to email Ashley directly at amccconnell@lifestyleoptions.ca (address cover letter to Ashley).

~~The Salvation Army – Edmonton Centre of Hope, Edmonton, Alberta~~

~~Locations: Grace Manor and Grace Village~~

~~At The Salvation Army – Edmonton Centre of Hope, we are committed to reaching and helping the most vulnerable of our population. We operate a number of programs over 5 facilities to meet the needs of our community with mental health, addictions and substance dependency issues among others. Students to be considered for practicum placement at our supportive living sites should possess a high degree of compassion, integrity, patience, good communication and people skills, and the ability to function in a stressful environment.~~

~~Students would work alongside our Recreation Therapy Manager in Edmonton who oversees Recreation Therapy Programs in several of our facilities. Our program participants include seniors with mental health diagnoses in a supported living program, adults with mental health diagnoses and/or addiction issues in a supported living program, adults in transitional housing programs, as well as adults in a stabilization rapid housing program. This would be a perfect place for a student who is wanting to focus on mental health as well as addictions in their future career paths as they would have the opportunity to spend time in multiple locations with multiple populations with lots of hands-on opportunities.~~

~~Requirements include: Police check with vulnerable sector search with issue date within last 6 months, Standard First Aid with Level C CPR~~

~~**Application process:** All student applications go through Marina to Salvation Army's placement office.~~

Covenant Health

St. Theresa Place – Supportive Living, Calgary

~~Description: St. Teresa Place is a 250 bed Supportive Living site, including 52 Memory Care beds. My caseload is comprised of 132 residents living in SL4 with varying conditions and diagnoses. Our team~~

consists of two 1.0 RT's, a (new) .5 RT and 5 Activity Assistants. We are a large site and our team operates for the whole building; collaboration is key. I plan the activities/calendar for all SL4 residents, with referrals from my co-RT for those on SL4 under their caseload. My roles and responsibilities include assessments, care planning, IDT rounds, care conferences, documentation, management of direct reports, special events, program development and analysis, grant proposals, budgeting, etc. We have been fortunate in recent years to have led several internal research studies on new technology and are hopeful to conduct more in future. Additional responsibilities include audits, accreditation, food committee, resident and family council, emergency response, etc.

There are two available placements at this location.

Students' applications are submitted via HSPnet (address your cover letter to: "St. Theresa Place Recreation Therapy Student Preceptor"). Combine your cover letter and resume into one pdf file and send this to Marina by September 3rd, 2024, to submit on your behalf via HSPnet.

- BLS & N95 Mask Fit Test required
- [Behavioral Safety training](#)

Saint-Thomas Health Centre - Edmonton

Description: Saint-Thomas Health Center was built by the francophone community of Edmonton in response to the needs of its aging French speaking population. It is unique in that it was built to provide aging-in-place (Supportive Living SL4 & Dementia) services in both French and English.

Supportive Living Level 4 offering assistance to older adults who are unable to live independently at home. The site uses a collaborative approach towards assisting residents while remaining family and resident-centred. The site promotes independence and encourages creativity amongst team members to maintain residents' autonomy, respect, privacy, dignity, and access to information.

Students' applications are submitted via HSPnet (address your cover letter to: "St. Thomas Recreation Therapy Student Preceptor"). Covenant will only accept 3 student applications for consideration, if more than three applicants randomized selection will occur. Combine your cover letter and resume into one pdf file and send this to Marina by September 3rd, 2024, to submit on your behalf via HSPnet.

- BLS & N95 Mask Fit Test required
- [Behavioral Safety training](#)

St. Josephs Auxiliary Hospital - Adult Day Program (ADP), Edmonton

Description: The Community Day support program serves clients through our medical rehabilitation program. We serve adults with physical, emotional, and/or social limitations that are living in the community. Our services include nursing assessment/ monitoring and rehabilitation (physiotherapy, occupational therapy and recreation therapy). The main goal for our day program is to assist clients to continue living independently in their homes and community, while delaying placement to another home.

Students' applications are submitted via HSPnet (address your cover letter to: "St. Joseph Recreation Therapy Student Preceptor"). Covenant will only accept 3 student applications for consideration, if more than three applicants randomized selection will occur. Combine your cover letter and resume into one pdf file and send this to Marina by September 3rd, 2024, to submit on your behalf via HSPnet.

- BLS & N95 Mask Fit Test required
 - [Behavioral Safety training](#)
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(Beaumont) Chateau Vitaline, Edmonton

Description: Chateau Vitaline is nestled in the Beaumont community and provides care for seniors who need assistance with daily living. Our centre includes 46 supportive living suites and 3 lodge suites. At Chateau Vitaline, supportive living means maintaining our residents' independence, health and well-being. We meet the physical, emotional and spiritual needs of our residents while respecting their privacy and lifestyle choices. Supportive living provides accommodation and support services with the goal of assisting residents to have meaning and purpose in their life. We support residents to remain as independent as possible while accommodating their changing needs

Students' applications are submitted via HSPnet (address your cover letter to: "Chateau Vitaline Recreation Therapy Student Preceptor"). Covenant will only accept 3 student applications for consideration, if more than three applicants randomized selection will occur. Combine your cover letter and resume into one pdf file and send this to Marina by September 3rd, 2024, to submit on your behalf via HSPnet.

- BLS & N95 Mask Fit Test required
 - [Behavioral Safety training](#)
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AHS Calgary Zone

Foothills Medical Centre – Unit 21 Psychiatry

Description: Foothills Medical Centre (FMC) has two general psychiatry adult inpatient units (21 and 22) with 30 beds on one unit and 26 on the other. FMC provides acute care and stabilization for adults between 18-65 years old with serious and ongoing mental health concerns. Services offered include assessment, treatment, individual and group therapies, and discharge planning to support community reintegration. The interdisciplinary team includes psychiatrists, nurses, social workers, pharmacists, occupational therapists, and a recreation therapist. The student would work Monday to Friday 0800-1615h alongside the recreation therapist. Trauma Informed Care principles, NVCI training, and BLS certification would be helpful and beneficial to student placement.

Student Activities

- ~~Recommend:~~
 - ~~Trauma Informed Care principles,~~

- NVC training, and
- BLS certification
- Connect Care

Destination Coordinator: Jane Papenhuyzen

Foothills Medical Centre – Unit 58 Neurology Rehabilitation

Description: Inpatient adult neurological rehabilitation. Students work with patients with brain injury, stroke, spinal cord injury.

Requires knowledge of anatomy, physiology, and neurological diagnoses.

Requires experience/background in hospital settings.

Student Activities:

- BLS required
- Mask Fit Testing (N95)
- Connect Care

Destination Coordinator: Jane Papenhuyzen

Summit Centre for Youth Resilience – West Hillhurst NW Calgary

Description: The Day Hospital program at the Summit Centre for Youth Resilience provides step down support to clients that have been discharged from an inpatient mental health program. Programming consists of a daily structured milieu including school and therapeutic activities. Therapies are both conversational and activity based. The hours of operation for the Day Hospital are Monday to Friday (8am-8pm) and Saturday/Sunday (9am-5pm). There are two Recreation Therapist that support the program 7 days a week. Students will be scheduled for evening and weekend shifts in order to gain experience working with both youth and their families. Students will be scheduled for evening and weekend shifts in order to gain experience working with both youth and their families.

Student Activities

- BLS required.
- Non-Violent Crisis Intervention recommended.
- Brain Story Certification is an asset: <https://www.albertafamilywellness.org/training-2>
- Connect Care

Destination Coordinator: Jane Papenhuyzen

Peter Lougheed – Community Accessible Rehabilitation

Description: Outpatient rehabilitation adult (18+) services to people in Calgary and neighbouring areas. Supporting the needs of individuals with ongoing chronic and/or complex conditions or injuries.

Treatment is time-limited. Primary clinical populations for recreation therapy: neurological conditions (stroke, brain injury, Parkinson's disease, multiple sclerosis), frail elderly, musculoskeletal & rheumatological conditions. Highly interdisciplinary and complex. The student would need to be very independent, reliable, collaborative and have a good background in neuro diagnoses and chronic conditions. Treatments are typically 1:1. There would be limited- to no group experience.

Student Activities:

- BLS required
- Connect Care
- Some client app'ts in community, can use personal vehicle or transit.

Destination Coordinator: Jane Papenhuyzen

~~Peter Lougheed – Unit 27 Mental Health~~

~~Description: Placement occurs over 2 units. Inpatient Psychiatry U27 at Peter Lougheed Centre (PLC) is a 31-bed unit that serve adults 18 years of age and older that suffer from an acute psychiatric disorder and require admission to an acute care facility. Patients are provided with comprehensive multidisciplinary programs and specialized services. U130 Stabilization at Peter Lougheed Centre (PLC) is a 22-bed unit for patients who have the potential to be cared for at a lower level of care within 72 hours. It is a program for short term stabilization and reconnection with community resources. Student Activities:~~

- ~~• BLS required~~
- ~~• Connect Care~~

~~**Destination Coordinator: Jane Papenhuyzen**~~

Peter Lougheed – Unit 25 Mental Health

Description: Placement occurs over 2 units.

Inpatient Psychiatry U27 at Peter Lougheed Centre (PLC) is a 31-bed unit that serve adults 18 years of age and older that suffer from an acute psychiatric disorder and require admission to an acute care facility. Patients are provided with comprehensive multidisciplinary programs and specialized services.

U130 Stabilization at Peter Lougheed Centre (PLC) is a 22-bed unit for patients who have the potential to be cared for at a lower level of care within 72 hours. It is a program for short term stabilization and reconnection with community resources. Student Activities:

- BLS required
- Connect Care

Destination Coordinator: Jane Papenhuyzen

Rockyview General Hospital – Unit 45

Description: Inpatient Psychiatry Unit 45 at Rockyview General Hospital (RGH) is a 20-bed unit that provides acute care for adults between 18 to 65 years of age with a principal psychiatric disorder. Patients are provided with comprehensive multidisciplinary care through nursing, medical staff, psychology, social work, and occupational/recreational therapy. Mental health needs are assessed through a variety of individual and group activities by various disciplines such as occupational therapy, recreational therapy, and Changeways (a psycho-educational program).

Highly transdisciplinary role more suited for a student specifically interested in Addiction & Mental Health and comes with experience in Addiction & Mental Health.

Student is strongly grounded in recreation therapy role so they more confidently work within a team with blurred interprofessional roles.

- Connect Care

Destination Coordinator: Jane Papenhuyzen

Alberta Children's Hospital – The Summit – Day Hospital

Description: NA

Student Activities:

- Connect Care

Destination Coordinator: Jane Papenhuyzen

CAAMHP – Youth Substance Use & MH Services

Description: YSUMHS Substance Use Programs:

Recreation therapist is split between 4 programs at 2 different sites in Calgary (one north and one south) all serving youth ages 12-18 accessing various levels of support with substance use and mental health services through YSUMHS. COT – is a community outpatient clinic. Services includes psychiatry, psychology, individual counseling, family counseling, recreation therapy, parenting support groups, and DBT group. The role of recreation therapy is focused on helping clients with personal goals in exploring healthy leisure and connecting to same in the community. Knowledge of community resources that service youth is a big part of this role and

being comfortable reaching out to community partners. RSD— is a 14-day voluntary live-in detox program with 4 beds. Services include support from childcare counselors, recreation therapy, and individual counseling. The role of recreation therapy is in providing leisure education groups 1x per week. PChAD— is a 10-day court-ordered secure site live-in detox program with 9 beds. Services include support from childcare counselors, recreation therapy, individual counseling, and nursing. The role of recreation therapy is in providing leisure education groups 1x per week. Hours on this day are 9:15–5:30pm on Tuesdays. YRP— is a 12-week voluntary live-in recovery program. Services include school, recreation therapy, family counseling, individual counseling, support from childcare counselors, nursing, and psychiatry as needed. The role of recreation therapy is in providing leisure education groups/outings 1x per week as well as supporting in discharge planning and sober leisure goals identified on intake.

Adolescent Day Treatment Program:

ADTP is a 12-week day treatment program for adolescents ages 13–18 who are experiencing mental health and/or substance misuse issues. It is a specialized mental health program that operates from a family-centered perspective and includes daily programming of therapeutic groups, individual and family therapy, and classroom instruction provided by Calgary Board of Education. The hours of operation are M–F 0800–415. Students will be required to attend recreation therapy sessions out in the community and need to be familiar with transit and having their own vehicle is preferred. There is some street parking available and it is located by a train station. Students may be scheduled outside of client hours to support groups occasionally.

Student Activities:

- Connect Care
- BLS certification
- Appropriate attire/gear for outdoor activities
- Unusual shifts is a possibility on occasion
- Vehicle requirement for independent travel in community preferred due to multiple sites and community work.
- Non-Violent Crisis Intervention (NVCI) is recommended but not required.
- Brain Story Certification is an asset. <https://www.albertafamilywellness.org/training-2>
- At times this can be quite heavy emotionally. Ability to manage stress well and good boundaries are important.

Destination Coordinator: Jane Papenhuyzen

Complex Mental Health Rehab Program

Description: This is a new program that recently opened in January 2023. The program has 32 beds on two floors (16 each). Residents can participate in rehab and live at this facility for up to 2 years. Recreation therapy programming is focused on recreation participation groups (open art & fitness), assessment, leisure education, and community integration.

Population: adults 18+ who are experiencing a mental health diagnosis and potentially substance use disorder.

Complexities: This is a voluntary program therefore residents can refuse treatment, discharge early from the program, and participation is often impacted due to the nature of a harm reduction approach.

Expectations: Be prepared to develop various evidence-based protocols for this population, implementing and evaluating each group, and grant skill development.

Knowledge and Skills: foundational understanding of Schizophrenia, Schizoaffective disorder, Bipolar 1 & 2, Borderline Personality Disorder, Anxiety, Depression, Psychosis, and OCD.

Student Activities:

- Connect Care
- N95 Fit Test Mask
- BLS Certification
- Vehicle requirement for independent travel in community
- Non-Violent Crisis Intervention
- Soft skills: flexibility/adaptability, empathy, compassion, able to collaborate and build relationships quickly, maintain professional boundaries, be open to feedback, and able to work well in an interdisciplinary environment.

Destination Coordinator: Jane Papenhuyzen

Claresholm General Hospital

Description: The Claresholm Centre for Mental Health & Addictions is a 108-bed facility treating adult patients with a variety of mental health and addiction needs. There are four primary inpatient units at the site including Concurrent Disorders (28 beds), Active Psychiatric Rehabilitation (40 beds), Extended Psychiatric Rehabilitation and Transitions Unit (40 beds). The facility also includes a gym, swimming pool, vocational rehab program that includes horticulture, woodworking, computer skills, car detailing, ect.

The primary placement will be on the extended psychiatric rehabilitation and transitions unit treating patients with severe psychiatric illness accompanied by dysfunction in the community. There will be opportunities to have experiences within the active psychiatric rehab unit working with adults experiencing chronic mental health issues and disorders participating in rehabilitative activities and treatments. Student may also have opportunities to experience treatment within the concurrent disorders program that emphasizes applying recovery skills, preventing relapse, improving emotional functioning, and promoting personal responsibility. The student will have an opportunity to work as part of a transdisciplinary team consisting of psychiatrists, psychologists, social workers, pharmacists, nursing, vocational rehabilitation workers.

~~A successful student candidate must be capable of practicing evidence-based, patient and family-centered care, in accordance with policies, procedures and standards of practice. They should understand mental health disorders, concurrent disorders, and a desire to work with these patients. They must have a good understanding of the Therapeutic Recreation Process. Student will be required to complete assessment, treatment, education and management of clients' treatment progress and provide clinical support and consultation. Must be able to collaborate and communicate with the health care team and participate in and facilitate groups and one-to-one activities with your clients.~~

~~Student Activities:~~

- ~~• Connect Care~~

~~Destination Coordinator: Jane Papenhuyzen~~

AHS Central Zone

Centennial Centre for Mental Health & Brain Injury -- Brain Injury Rehab Program

Description: NA

Student Activities:

- Connect Care

Destination Coordinator: Michelle Sharpe

Rimbey Hospital and Care Centre, Rimbey and Ponoka

Description: The recreation therapist position is divided between 2 Long Term Care Sites:

Rimbey (.6FTE) – 3 days per week – 78 bed facility

Ponoka (.4FTE) – 2 days per week – 28 bed facility

The recreation therapist provides personalized intervention to address acute and time sensitive functional or behavioural needs, targeted intervention to address change or decline in function and supported opportunities to build and maintain health, well-being and quality of life.

Programing includes small groups and 1x1 therapeutic interventions, as well as global programing using a person centred care IDT approach.

Student Activities:

- Connect Care

Destination Coordinator: Michelle Sharpe

Centennial Centre for Mental Health & Brain Injury – Adult Mental Health In-Patient

Description: NA

Student Activities:

- Connect Care

Destination Coordinator: Michelle Sharpe

Centennial Centre for Mental Health & Brain Injury – Bryce House

Description: Concurrent Disorders Enhanced Services (CDES), Centennial Centre: A 22 day voluntary inpatient program for individuals who have severe mental illness and a co-existing addiction. The unit currently consists of 20 beds with two streams (higher functioning and lower functioning). As a CTRS student you will gain knowledge and experience using the APIE (Assessment, Plan, Implement and Evaluate) process. This includes conducting intake assessments on each patient admitted, assisting patients to meet leisure goals identified during intake throughout admission, implementing psychoeducational/skills based RecT programs, continuous documentation/evaluation and connecting each patient with leisure resources upon discharge. There is a strict schedule of daily mandatory programs that include: leisure education, experiential learning, stress management, healthy coping, healthy living, and life skills. CCMHBI also contains a gymnasium, swimming pool and Activity Treatment Centre which CDES utilizes on a regular basis. This is a fast paced program that involves ++ client interaction and interdisciplinary collaboration. Aside from the CTRS, you will work close with a Therapy Assistant, Psychiatric aides, Addictions Counsellors, Psychiatric nurses, Psychologist and Psychiatrist.

Student Activities:

- Connect Care

Destination Coordinator: Michelle Sharpe

~~Red Deer 49th Street Community Health Centre – Intake/Walk In~~

~~Description: NA~~

~~Student Activities:~~

- ~~• Connect Care~~

~~**Destination Coordinator: Michelle Sharpe**~~

Red Deer – PchAD Program

Description: Red Deer PChAD (Protecting Children against Drugs) is a protective safe house guardians can access for their child. It is a 10-day involuntary youth detox and stabilization program with a mental health and addictions focus. Within the program there is a focus on promoting treatment for addictions and development of coping skills through leisure education and psycho educational programs (emotional regulation, understanding harm reduction etc.) for maintaining sobriety following discharge into the community. Community re-integration planning, leisure education, and emotional regulation skills development are things that students can expect to work on with clients.

Student Activities:

- Connect Care

Destination Coordinator: Michelle Sharpe

Tofield Health Centre, Tofield

Description: 50 bed LTC facility - recreation therapist provides personalized intervention to address acute and time sensitive functional or behavioural needs, targeted intervention to address change or decline in function and supported opportunities to build and maintain health, well-being and quality of life. Programing includes small group and 1x1 therapeutic interventions, as well as global programing using a person centered care IDT approach.

Student Activities:

- Connect Care

Destination Coordinator: Michelle Sharpe

[AHS Edmonton Zone](#)

Addictions & Mental Health – Housing, Recovery, and Young Adult Services

Description:

- Eating Disorders Program: Provides acute and long-term rehabilitation services for teens and adults (age 13+) with a diagnosed or suspected eating disorder causing the patient to be at or below a healthy weight. Recreation Therapy groups & 1:1 treatment offered
- Community Addictions & Mental Health: RecT1 placement in mental health and addictions working with young adults aged 16-25. Working from a client centered approach, RecT works with individuals on a 1:1, small and large group basis. Clients are self-referred and referred from Young Adult Services. RecT1 works collaboratively with client to explore leisure interests and connect with community resources.
- Housing Team - WISH (Edmonton and Area + Warburg Cloverleaf): Promoting health and wellness by assisting Clients who reside within the AMH supported housing portfolio to return to and/or participate in recreation and leisure, social opportunities, physical

activities, and community roles, as well as identifying and addressing barriers to participation.

Student Activities

- Must own your own vehicle, ETS Transit Pass, tickets, or change for LRT/bus daily.
- Ability to pay for own admission to outings, etc. as AHS does not reimburse.
- Own laptop/portable typing device is useful.
- Connect Care

**There is potential for more than one student placed here (one at the Eating Disorder Program, one at the Community Addictions and Mental Health Program, and WISH). One application will be considered for any of these sites.*

Destination Coordinator: Anne Kendrick

Glenrose Rehabilitation Hospital

Descriptions:

- Inpatient Stroke Rehabilitation: The inpatient Stroke Rehabilitation program provides assessment and 1:1/group treatment services to the adult and older adult stroke population. Collaboration with the interdisciplinary treatment team to increase level of independence. Provide support and resources to return to living in the community.
- Inpatient Geriatric Rehab: The inpatient Geriatric Rehabilitation Program provides Ax & Tx for older adults experiencing complex medical concerns. The treatment team works collaboratively to provide the supports necessary for individuals to return to living in their community.

Student Activities

- CPR & Mask Fit required
- Connect Care

**There is potential for 2 student placements here (one at the Inpatient Stroke, one at the Inpatient Geriatric). One application will be considered for either of these sites.*

Destination Coordinator: Jodie Van Spronsen

Royal Alexandra Hospital

~~Description: This Recreation Therapy Practicum provides experience in individual and group assessment, intervention, program planning, and community referral in an acute care setting. Working within a strong interprofessional environment, this practicum will provide experience primarily with clients with strokes and a variety of geriatric conditions, including consultative service for clients with dementia.~~

Student Activities

- Connect Care

Destination Coordinator: Jennifer Krysa

Alberta Hospital – 10/2A Acute Psychiatry

Description: Unit 10-2 provides Recovery Oriented Care for adults (18+) experiencing psychiatrically instability, that are at risk to self and/or others, e.g., patients with acute mental illness/disorder, significant behavioural risks such as aggression or self-harm, and/or substance abuse comorbidity. Length of stay is up to 4-6 weeks.

Student Activities

- Connect Care

Destination Coordinator: Amy Delday

[AHS North Zone](#)

Fairview Health Complex (Fair View)

Description: LTC - 65 bed facility. Fairview is 115km north of Grande Prairie

The successful internship student can look forward to conducting research and implementing new programs in this long-term care facility. The students would go through the whole APIED process while researching and implementing a new therapy program.

If you are excited about introducing a new program and going through this whole process, this is an internship worth applying for!

There are two available internship placements at this location.

Destination Coordinator: Lanigan, Patti

High Prairie Health Complex (High Prairie)

Description: Modern facility connected to the High Prairie Health Complex with 67 Beds - 27 LTC, 27 DSL4 and 13 DSL4D beds.

Potential to apply and receive funding through the NADC Healthcare Practicum Funding Program (maximum \$1800) for travel and accommodation costs.

There are two available internship placements at this location.

Destination Coordinator: Lanigan, Patti

Northern Lights Regional Health Centre (Fort McMurray)

Description: LTC (36 beds) located in Willow Square.

Note: This is a large, multiple level facility with other services (opened in June 2021).

Destination Coordinator: Lanigan, Patti

Fort McMurray Recovery Centre

Description: This interdisciplinary team provides specialized assessment and treatment services to children, youth and their families. They work collaboratively providing care to children experiencing serious emotional, psychological, behavioral, and/or psychiatric illness. Team communication is imperative.

Recreation Therapy services will be evidence-based, patient and family centered and meet therapeutic recreation Standards of Practice. The Recreation Therapist will use their assessment skills to design individualized recreation programs for their clients in either group or individual settings and provide education, clinical support and consultation as needed.

Destination Coordinator: Lanigan, Patti

~~Westlock Healthcare Centre (Westlock)~~

~~Description: 117 LTC Bed Facility (rural community) about 80 km northwest of Edmonton~~

~~Potential to apply and receive accommodation assistance through RhPAP program click [here](#) for information on how to apply~~

~~**Destination Coordinator: Lanigan, Patti**~~

~~Grande Prairie Regional Hospital – Palliative/Complex Care~~

~~Description: NA~~

~~Potential to apply and receive funding through the NADC Healthcare Practicum Funding Program (maximum \$1800) for travel and accommodation costs.~~

~~**Destination Coordinator: Lanigan, Patti**~~

~~Grande Prairie Virene Building (Home Care)~~

~~Description: North Zone Seniors Health Palliative and Complex Care Team~~

Potential to apply and receive funding through the NADC Healthcare Practicum Funding Program (maximum \$1800) for travel and accommodation costs.

Destination Coordinator: Lanigan, Patti

Grande Prairie – Queen Elizabeth II Ambulatory Care Centre

Description: NA

Potential to apply and receive funding through the NADC Healthcare Practicum Funding Program (maximum \$1800) for travel and accommodation costs.

Destination Coordinator: Lanigan, Patti

AHS South Zone

Big Country Hospital (Oyen)

Description: Provides TR service and informed evidence for 30 bed long term care facility. 10 bed acute care unit, TR service provided to patients on referral basis. Supervises and provides assignments to therapy assistants.

The Community TR program provides therapeutic recreation services for 18+ year old home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual and group interventions, electronic documentation in Meditech, evaluation of client's progress, and supervising and providing assignments to therapy assistants.

Student Activities:

- Some client appointments occur in community locations anywhere in the city and in the client's home
- Driver's License and personal transportation required, travel occurs daily
- BLS required
- Knowledge and skills required for supported exercise and aquatics
- Fitness Alberta certification preferred
- Membership with provincial TR association or CTRA
- Strong self-management skills and ability to adapt to a busy and demanding work environment
- Connect Care

Destination Coordinator: Annette Yunick

Cardston Health Centre

Description: Provides TR service and informed evidence for long term care facility and acute care unit, TR service provided to patients on referral basis. Supervises and provides assignments to therapy assistants.

The Community TR program provides therapeutic recreation services for 18+ year old home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual and group interventions, electronic documentation in Meditech, evaluation of client's progress, and supervising and providing assignments to therapy assistants. Some informed evidence therapy offered includes but not limited to Home Support Exercise Program, Expressive Arts, Leisure Education and Fit Minds. The student would need to be very independent, reliable, and collaborative and have a good background in a variety of diagnoses.

Student Activities

- All client appointments occur in community locations anywhere in the city and in the client's home
- Driver's License and personal transportation required, travel occurs daily
- BLS required
- Knowledge and skills required for supported exercise and aquatics
- Fitness Alberta certification preferred
- Student Membership with provincial TR association or CTRA
- Strong self-management skills and ability to adapt to a busy and demanding work environment
- Connect Care

Destination Coordinator: Annette Yunick

Lethbridge Community Health Services

~~Description: The Community TR program provides therapeutic recreation services for 18+ year old adults for home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual and group and virtual care interventions, electronic documentation in Meditech, evaluation of client's progress, building community partnerships and supervising and providing assignments to therapy assistants. Appointments are conducted in a variety of community venues, supportive living and in the client's home. Collaborating with PT for Aquatic Therapy in the community. Other informed evidence therapy offered includes but not limited to Expressive Arts, Home Support Exercise Program, Walking to Wellness, Leisure Education, Gentle and Seated Yoga, Therapeutic Writing, Equine Wellness Connection and Fit Minds. The student would need to be very independent, reliable, and collaborative and have a good background in a variety of diagnoses.~~

~~Student Activities~~

- ~~• All client appointments occur in community locations anywhere in the city and in the client's home~~
- ~~• Driver's License and personal transportation required, travel occurs daily~~

- BLS required
- Knowledge and skills required for supported exercise and aquatics
- Fitness Alberta certification preferred
- Student Membership with provincial TR association or CTRA
- Strong self-management skills and ability to adapt to a busy and demanding work environment
- Connect Care

Destination Coordinator: Annette Yunick

Lethbridge Melcor Centre Allied Health

Description: The Community TR program provides therapeutic recreation services for 18+ year old adults for home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual, group and virtual care interventions, electronic documentation in Connect Care, evaluation of client's progress, and supervising and providing assignments to therapy assistants. Building community partnerships is also part of the recreation therapist responsibilities. Appointments are conducted in a variety of community venues, supportive living and in the client's home. Collaborating with PT for Aquatic Therapy in the community. Other informed evidence therapy offered includes but not limited to Expressive Arts, Tiered Exercise Program, Walking to Wellness, Opening Minds through Art, Leisure Education, Gentle and Seated Yoga, Therapeutic Writing, Visual Journaling, Music Care, Rhythm Circle Drumming, and Fit Minds®. Recreation therapists are also prescribers for Prescription to Get Active. The student would need to be very independent, reliable, collaborative, and have a good background in a variety of diagnoses. Students must be open to feedback and mentorship from the various disciplines in which TR collaborates with daily. Students must have strong skills in handwritten documentation to communicate concisely to the team about TR services provided to the patient.

Student Activities

- All client appointments occur in community locations anywhere in the city and in the client's home
- Driver's License and personal transportation required, travel occurs daily
- BLS required
- Knowledge and skills required for supported exercise and aquatics
- Fitness Alberta certification preferred
- Membership with provincial TR association or CTRA
- Strong self-management skills and ability to adapt to a busy and demanding work environment
- Connect Care

Destination Coordinator: Annette Yunick

Lethbridge Chinook Regional Hospital Unit 5A/5B

Description: Acute Care– 5A Geriatric Assessment Rehabilitation Unit (25 beds) and 5B Sub-Acute Care Unit (20 beds)

Chinook Regional Hospital Unit 5A is a Geriatric Assessment Rehabilitation Unit and Unit 5B is a sub-acute short stay unit providing medical and rehabilitation services primarily to older adults requiring support after a change in their health or physical/cognitive function. Working within a strong inter-professional team, the student will experience therapeutic recreation assessments, therapy planning, implementation of evidence-based therapies and supervision and providing assignments to therapy assistants. A strong emphasis is placed on supporting patients to transition home or to a new facility based living environment. The student would need to be very independent, reliable, and collaborative and have a good background in a variety of chronic and acute diagnoses. Students must be open to feedback and mentorship from the various disciplines in which TR collaborates with daily. Students must have strong skills in handwritten documentation to communicate concisely to the team about TR services provided to the patient.

Student Activities:

- BLS required
- Knowledge and skills required for supported exercise and aquatics
- Fitness Alberta certification preferred
- Membership with provincial TR association or CTRA
- Strong self-management skills and ability to adapt to a busy and demanding work environment
- Connect Care

Destination Coordinator: Annette Yunick

Medicine Hat Community Health Services

Description: The Community TR program provides therapeutic recreation services for 18+ year old adults for home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual, group and virtual care interventions, electronic documentation in Connect Care, evaluation of client's progress, and supervising and providing assignments to therapy assistants. Building community partnerships is also part of the recreation therapist responsibilities. Appointments are conducted in a variety of community venues, supportive living and in the client's home. Collaborating with PT for Aquatic Therapy in the community. Other informed evidence therapy offered includes but not limited to Expressive Arts, Tiered Exercise Program, Walking to Wellness, Opening Minds through Art, Leisure Education, Gentle and Seated Yoga, Therapeutic Writing, Visual Journaling, Music Care, Rhythm Circle Drumming, and Fit Minds®. Recreation therapists are also prescribers for Prescription to Get Active. The student would need to be very independent, reliable, collaborative, and have a good background in a variety of diagnoses. Students must be open to feedback and mentorship

~~from the various disciplines in which TR collaborates with daily. Students must have strong skills in handwritten documentation to communicate concisely to the team about TR services provided to the patient.~~

~~Student Activities:~~

- ~~• All client appointments occur in community locations anywhere in the city and in the client's home~~
- ~~• Driver's License and personal transportation required, travel occurs daily~~
- ~~• BLS required~~
- ~~• Knowledge and skills required for supported exercise and aquatics~~
- ~~• Fitness Alberta certification preferred~~
- ~~• Membership with provincial TR association or CTRA~~
- ~~• Strong self-management skills and ability to adapt to a busy and demanding work environment~~
- ~~• Connect Care~~

~~**Destination Coordinator: Annette Yunick**~~

Pincher Creek Health Centre

Description: The Community TR program provides therapeutic recreation services for 18+ year old adults for home care and non-home care individuals living in the community. The recreation therapist is accountable for assessments, individual, group and virtual care interventions, electronic documentation in Connect Care, evaluation of client's progress, and supervising and providing assignments to therapy assistants. Building community partnerships is also part of the recreation therapist responsibilities. Appointments are conducted in a variety of community venues, supportive living and in the client's home. Collaborating with PT for Aquatic Therapy in the community. Other informed evidence therapy offered includes but not limited to Expressive Arts, Tiered Exercise Program, Walking to Wellness, Opening Minds through Art, Leisure Education, Gentle and Seated Yoga, Therapeutic Writing, Visual Journaling, Music Care, Rhythm Circle Drumming, and Fit Minds®. Recreation therapists are also prescribers for Prescription to Get Active. The student would need to be very independent, reliable, collaborative, and have a good background in a variety of diagnoses. Students must be open to feedback and mentorship from the various disciplines in which TR collaborates with daily. Students must have strong skills in handwritten documentation to communicate concisely to the team about TR services provided to the patient.

Student Activities:

- All client appointments occur in community locations anywhere in the city and in the client's home
- Driver's License and personal transportation required, travel occurs daily
- BLS required
- Knowledge and skills required for supported exercise and aquatics

- Fitness Alberta certification preferred
- Membership with provincial TR association or CTRA
- Strong self-management skills and ability to adapt to a busy and demanding work environment
- Connect Care
- Potential to apply and receive accommodation assistance through RhPAP program click [here](#) for information on how to apply

Destination Coordinator: Annette Yunick

ONTARIO

William Osler Health System

Brampton and the western Toronto district of Etobicoke - Ontario

Students to email Chris directly at chris.richard@williamoslerhs.ca (address cover letter to Chris). Up to a potential of 5 student placements may be available (competitive with other University students).

William Osler Health System has hospital campuses located in Brampton and Etobicoke Ontario. Clinical areas available to internship students include mental health, rehabilitation, and reactivation care unit. More details on these various areas and about doing an internship with William Osler Health System are available. Please contact Marina Christman or Katelyn Scott if you are interested in doing a placement here and more information can be made available to you.

Students who are interested in an internship at William Osler Health System will need to participate in a submission and selection process. Submission must include the following items:

1. Completed application form (ask Marina for this)
2. Resume/curriculum vitae
3. Cover letter describing why you want to be a recreation therapist
4. Two letters of reference: One academic and one personal

Application Deadlines: Fall Semester – May 31, Winter Semester – September 30

Other Ontario internship sites/supervisors: A few students have completed their placement in Ontario -- If you are looking for other potential sites/supervisors in Ontario, please reach out to Marina who can provide some insight on sites we currently have affiliation agreements with.

NEWFOUNDLAND

Newfoundland and Labrador Health Services (prev. Eastern Health) – Throughout Newfoundland

Multiple CTRS's, range of placements

Please indicate to Katelyn and Marina if you are interested in Eastern Health for placement. Students asked not to reach out directly. Deadline to express interest and submit resume for consideration by Eastern Health is May 14th for Fall, October 1st for Winter placements.

Central Health – Throughout Newfoundland

Please reach out to Student.Services@centralhealth.nl.ca to inquire into potential placement opportunities.

The Residence at Litledale, St. John's, Newfoundland

Description: This is a residential care facility based on a hybrid model. The facility has independent living, assisted living, dementia care, respite care and palliative care. Some of the programs and interventions facilitated include exercise / dance and movement / chair yoga, nature walks, music groups, social teas, arts and crafts, sensory stimulation, community outings, social games, horticulture, pottery, etc. The recreation therapist is currently in the process of re-structuring programming to align with the flourishing through leisure model. Students interested in completing their internship at this location should be familiar with the culture change movement, person centred care, and relational care.

Application Process: All Student cover letters and resumes can be directly emailed to Silvo Hernesniemi, CTRS, Recreation Therapist: shernesniemi@littedale.ca

Nova Scotia Health Authority (NSHA)

Application Deadlines for Placement is May 1 for Fall Placement, August 1 for Winter Placement

For details, please see their webpage:

<https://cdhaforms.nshealth.ca/rectherapyinternshipapplication.aspx>

British Columbia

Vancouver Island Health Authority, Vancouver Coastal Health, and Fraser Health

Please indicate to Katelyn and Marina if you are interested in a placement within any one of these health zones. Please be aware that students who reside in the area or who are interested in relocating to the area following their internship are the priority for placement with these BC health authorities. Students asked not to reach out directly to Vancouver Island Health Authority and Fraser Health. HSPnet Request - deadline to submit applications is at least 8 weeks prior to intended semester.

Vancouver Coastal Health has indicated that they have a few internship openings for Winter 2025. If you are interested in an internship with any VCH site, you can directly email the Regional Recreation Therapy

Educator, Katie Heckman (Katie.Heckman@vch.ca) and she can let you know what placements are still available. VCH asks that students do not contact their recreation therapists or sites directly.

<http://www.vch.ca/for-health-professionals/education/student-practice-education>
<https://www.islandhealth.ca/careers/students/professional-practice/student-practice>

Interior Health

Please indicate to Katelyn and Marina if you are interested in a placement within Interior Health. Students asked not to reach out directly. HSPnet Request - deadline to submit applications is at least 8 weeks prior to intended semester.

Tamarac Cottage in Cranbrook BC (with Interior Health)

Description: Tamarack Cottage is an 8 bed adult mental health/substance use tertiary care facility for clients requiring longer term residential psychosocial rehabilitation. Our interdisciplinary team consists of Life Skills Workers, LPNs, Social Work, Recreation Therapy, and 1 RN. Treatment is also coordinated with community mental health teams. We strive to support our clients in improving overall quality of life, by assisting them in developing the skills and resources to live as well, active, and independently as possible. Some recreation therapy programs currently offered at Tamarack Cottage include morning movement, physical activity, creative writing, community engagement, and coffee house. These programs are ran regularly throughout the week, supplementary to 1:1 programs developed specifically to address unique client goals. The recreation therapist position is a 0.8 FTE, so please be prepared to spend some time shadowing other disciplines to meet internship hour requirements."

Application Process: Send application to Marina for entry into HSPnet.

Cowichan Brain Injury Society

Please see this website for details: [Brain on Wheels Rehab Society](#)

Contact person for this potential placement site: Chris Rafuse (email at chrisrafuse@shaw.ca)

Saskatchewan Health Authority (SHA)

Application Deadline for Fall Placement is Apr 30, and Oct 30 for Winter Placement. Please note, SHA is prioritizing students at SK Institutions.

For interested applicants in Saskatoon area contact Sherri Nelson sherri.nelson@saskhealthauthority.ca, very limited opportunities Regina/south contact Bonnie Haus Bonnie.Haus@saskhealthauthority.ca

Yukon

We are currently in communication with Yukon Health and may have some potential CTRS internship opportunities in the Whitehorse, Yukon area. If you have an interest in completing a placement in the Yukon, please contact Katelyn and she will reach out accordingly to see if they have capacity.