

CAREER RESEARCH DYI – 3PS

Use the
Published-People-Practice
process to explore your
options.



STEP 1: PUBLISHED

Learn more about degree options available at the University of Lethbridge and their related occupational options.

- See [What Can I do With my Major](#) to learn more.
- Don't forget to look at the links to professional organizations.
- [Ask ALIS](#): Search occupational titles to learn more about duties, working conditions, educational requirements, skills/ abilities, wages etc.

Google it

- Occupational titles.
- Organizations or companies.
- People doing your dream job.
- Job postings.
- Educational programs.

STEP 2: PEOPLE

Get the most up-to-date information and advice about an occupation that interests you **by talking to people who are working in that field.**

- Go to the source – contact admissions officers, advisors, instructors from the programs that interest you directly, for answers to your questions about educational options.
- Ask your [network](#)—the people you know and the people they know—to connect you with others who work in the sector (or attend the program) you're exploring.

Reach out to related professional organizations to find local contacts.

- **Set up an [information interview](#).**
- Attend local career fairs.
- Inquire about attending professional conferences as a student.

STEP 3: PRACTICE

The only way to know if an occupation is a good fit for you, is to **“try it on”**.

- These steps may also help you to gain experience, get to know yourself better, network, build your resume, etc.

You could:

- Check out [MyExperience](#) to look for job postings, training opportunities, and other career related events.
- Job shadow someone / take a tour of a workplace in a field/sector of interest to you.
- [Volunteer](#) with local organizations.
- Arrange an [applied study or Co-op](#) term.
- Do an honour's thesis or independent study.
- Take a non-credit course.
- Find an entry-level job in a sector that interests you.