



For immediate release — Monday, January 23, 2023

## **PUBLIC Professor Series talk delves into the scary world of mathematics and how to conquer math anxiety**

Math anxiety forms at an early age and often follows us into adulthood — but math isn't going anywhere, and we use it to varied degrees throughout our entire lives. So, how do we cope with the associated anxiety?

On Thursday, January 26, University of Lethbridge mathematics professor, Dr. Habiba Kadiri, will present *Resilience in Mathematics* as part of the PUBLIC Professor Series. The free event runs from 7 to 9 p.m. at the Sandman Signature Lethbridge Lodge and is open to the public.



Solving a mathematical problem is a hurdle one encounters starting in elementary school. Attached to this is a unique educational issue known as math anxiety. Resilience and persistence are essential skills in research, and particularly in mathematics where problems can remain open for generations. In this talk, Kadiri will address the lifelong endeavour to tackle problems, both mathematical and societal, and find resources to overcome these issues.

Habiba Kadiri is a French-born mathematician working in the field of number theory. She has been a ULethbridge faculty member since 2007. Before moving to Lethbridge, Kadiri was a postdoctoral fellow in Montreal, where she was a member of Andrew Granville's (CRC I, FRSC) dynamic research group. Kadiri received her BSc and MSc from Université de Bordeaux. She received her PhD from Université de Lille in 2002.

Learn more, visit: [ulethbridge.ca/artsci/pps-kadiri](https://ulethbridge.ca/artsci/pps-kadiri)

Contact:

Dr. Habiba Kadiri

403-329-2477

[habiba.kadiri@uleth.ca](mailto:habiba.kadiri@uleth.ca)

Catharine Reader, Office of the Dean, Faculty of Arts & Science

403-382-7154

[catharine.reader@uleth.ca](mailto:catharine.reader@uleth.ca)

*Our University's Blackfoot name is Iniskim, meaning Sacred Buffalo Stone. The University is located in traditional Blackfoot Confederacy territory. We honour the Blackfoot people and their traditional ways of knowing in caring for this land, as well as all Indigenous Peoples who have helped shape and continue to strengthen our University community.*