

CONSIDERATIONS FOR DISCLOSURE AT THE INTERVIEW STAGE (FOR PERSONS WITH AN INVISIBLE DISABILITY)

This brief activity may be useful in guiding your decision on whether or not to disclose at an interview, as a person with an invisible disability.

The listed options are based on personality traits and level of comfort with discussing your disability, and prior disclosure experience(s).

If you identify more with the items on the left, you might be ready for disclosure at the interview stage. If you identify with more options on the right, you might want to consider other options for when to disclose to your co-op employer.

Note: Identifying more with either side of the table is not inherently good or bad. Be honest with yourself and think carefully about these prompts in relation to disclosure.

Tick the boxes next to the options that you identify more with.

Prepared to address	Not prepared to address	
misconceptions about my	misconceptions about my	
disability at the interview	disability at the interview	
stage. ¹	stage.	
Comfortable discussing my	Not very comfortable	
disability and accommodation	discussing my disability and	
needs at an interview	accommodation needs at an	
(outspoken). ²	interview (reserved).	
Not keen about others'	Keen about others'	
perceptions of me during	perceptions of me, during	
social interactions. ³	social interactions.	
High inclination to take risks. ⁴	Low inclination to take risks.	
Positive experience(s) with	Little or no positive	
disclosure. ⁵	experience(s) with disclosure.	

¹ Rebecca Spirito Dalgin, "Disability Disclosure in an Employment Interview: Impact on Employers' Hiring Decisions and Views of Employability," (PhD diss., Syracruse University, 2005), 19.

² Derek Isetti, "Listener Impressions of Spasmodic Dysphonia: Symptom Severity and Disclosure of Diagnosis during a Job Interview" (PhD diss., University of Washington, 2014), 31.

³ Isetti, "Listener Impressions," 31.

⁴ Isetti, "Listener Impressions," 31-32.

⁵ Isetti, "Listener Impressions," 34.

Bibliography

- Isetti, Derek D. "Listener Impressions of Spasmodic Dysphonia: Symptom Severity and Disclosure of Diagnosis during a Job Interview." PhD diss., University of Washington, 2014. ProQuest (3641552).
- Dalgin, Rebecca Spirito. "Disability Disclosure in an Employment Interview: Impact on Employers' Hiring Decisions and Views of Employability." PhD diss., Syracuse University 2005.